

# 2025 WELSH ROAD RELAY CHAMPIONSHIPS - JUNIORS



Thank you for entering a team / teams to compete at the Welsh Road Relay Championships this weekend. I can now forward some final event information to be disseminated to your team.

The **Welsh Road Relay Championships** – Juniors will take place at **Parc Bryn Bach** near Tredegar (NP22 3AY) on **Saturday 20<sup>th</sup> September**. The event will use the paths around the lake and an adjoining path within the park.

All competitors are advised to familiarise themselves with the course in the map attached and at the venue on event morning. Despite this please be reminded to allow competing runners to have priority on the paths during the races and take care when crossing the running route. A site-plan is also included below. Despite

The weather is expected to be fair on event day with a chance of rain and maximum temperatures of 13 degrees with light winds.

## Arrival

Ample parking is available nearby. When you access the park, turn right to use the main car park. Please do not turn left to the car parks near the Visitor centre. These will be provided for staff / volunteers and when full, accessing them will block the entrance to the park.

If the main car park is full, roadside parking is available in the industrial estate opposite the park entrance. Parking is free of charge.

A final timetable with approximate distances can be found below.

Race	Time	Age Group	Legs / Distance
1	11:30	Primary School Boys	1,900m
2	11:45	Primary School Girls	1,900m
3	12:00	Under 13 Boys & Girls	3 legs of 1,960m
4	12:30	Under 15 Boys & U17 Men	3 legs of 3,200m
5	13:15	Under 15 Girls & U17 Women	3 legs of 3,200m

Age-groups are as follows;

**Primary Boys (Children in year's 5 or 6 of Primary School):** Run as Individuals, not relays and with teams of 3

**Primary Girls (Children in year's 5 or 6 of Primary School):** Run as Individuals, not relays and with teams of 3

**U13 Boys / Girls (Competition is confined to competitors who are aged 11 or 12 on August 31st, prior to the commencement of the Competition Year):** 3 in a team

**U15 Boys / Girls (Competition is confined to competitors who are aged 13 or 14 on August 31st, prior to the commencement of the Competition Year):** 3 in a team

**U17 Men / Women (Competition is confined to competitors who are aged 15 or 16 on August 31st, prior to the commencement of the Competition Year):** 3 in a team

### **Registration**

Team Managers for relay races will be required to collect their athlete's number bib's from the registration area. Please try to collect your number a minimum of one hour before the race start time.

Your numbers will be in an envelope which will also contain a declaration sheet. Please complete the declaration sheet including team running order and hand it back into the results marquee. ALL teams will have one envelope with all numbers and declaration sheets allocated. Please ensure the bib numbers match your declarations.

All team declarations must be with the results team 30 minutes prior to the race start.

All athletes will have one number to wear on the front.

Please ensure that you / your athlete's bring safety pins to secure their numbers. We **will not be distributing pins** for this event. If you need pins, they can be purchased at our retail marquee with all proceeds going to Mental Health Charity MIND.

Numbers for the Primary School races can be collected by parents / Team Managers from the same registration marquee. Please collect numbers for the Primary races at least 30 minutes before the race start time.

### **The Start**

Competitors on the first stage need to be close to the start at least five minutes before the start of the race.

Competitors on later stages will need to be near the start pen, entering around five minutes before the start of their stage. They will then be called to the start line by the start team.

The start line for Primary School races will be around 60m from the main start / finish area.

### **Presentations**

Race presentations will take place as soon as possible after each race. The presentation area is near the finish area. Awards will be made to both the first three teams and to the fastest athlete across all teams, in each age category.

### **Facilities**

Facilities are available at the nearby Visitor Centre including a Café selling hot & cold food and drinks and ample toilet facilities.

Our Welsh Athletics retail store will be open at the event near the start / finish area.

### **Primary School Races**

Primary School races take place prior to the start of the Championship races. They will use a separate start line on the main path, around 60m from the main start / finish area and will complete one lap of the lake.

We look forward to seeing you all on event day.





Regards,

The Welsh Athletics Team

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## SITE PLAN

### KEY

-  CROWD BARRIERS
-  WA MARQUEE
-  DOME CONES
-  START / FINISH GANTRY





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Saturday 20<sup>th</sup> September

Parc Bryn Bach, Tredegar NP22 3AY



WELSH ATHLETICS  
ATHLETAU CYMRU

Race	Time	Age Group	Lap	Legs / Distance
1	11:30	Primary School Boys	A,B, E, F	1,900m
2	11:45	Primary School Girls	A,B, E, F	1,900m
3	12:00	Under 13 Boys & Girls	A,B, E, F	3 legs of 1,960m
4	12:30	U15 Boys & U17 Men	A,B,C,D,E,F	3 legs of 3,200m
5	13:15	U15 Girls & U17 Women	A,B,C,D,E,F	3 legs of 3,200m

